



PRESS RELEASE

FOR IMMEDIATE RELEASE

UPCOMING GUESTS ON "OPEN" FRIDAY HOSTED BY RHINA VALENTIN

Airs Friday, 8/15 Live! 10AM on BronxNet TV

New York, New York, August 15, 2014 - This Friday, on "OPEN", Rhina Valentin will host guests from new TV series "Fashion in The Fast Lane" Yvonne Forbes (Executive Producer), Delvon Johnson (Host) & Sonjja Baram (Designer). There will also be a face painting demonstration from Apryl Cadabra (Make-up Artist/Professional Face Painter). In addition, we have Irving Yee (Tai Chi Instructor), Shannon Murphy (Public Programs Manager) & Ellen Dulsky Watkins (Marketing Fellow) from Wave Hill to discuss Wellness programs year-round at Wave Hill, exploring human connections to the natural world & Tai Chi demonstration with Irving Yee. Bobby C. will also be doing his weekly Sports Roundup segment. And, animated correspondent Gail is back to share advice on maintaining a healthy lifestyle.

The one-hour talk show airs live every Friday at 10AM in the Bronx on channels Cablevision 67 and Verizon FiOS 33 with re-cablecast on Fridays at 5PM & 10PM, Saturdays at 12PM, and Sundays at 4PM & 10PM. Also available in Manhattan via re-cablecast on Saturdays 12PM on channels Time Warner Cable 56, RCN 83, Verizon Fios 34, and MNN 2 Lifestyle Entertainment and in Massachusetts via re-cablecast on Fridays and Saturdays at 9PM on channel Amherst Media 12.

About "OPEN" Friday

"OPEN" Friday, hosted by Rhina Valentin, is one of BronxNet's signature produced shows which covers arts, culture, entertainment, health awareness, women empowerment and youth development. Rhina has been the Friday host since it's pilot episode in 2006. Every week she explores all that the arts have to offer to the Bronx and the World.

About La Reina Del Barrio Inc.

Incorporated in 2013, La Reina Del Barrio Inc. (LRDB) is an independent media production company. The principals of LRDB have released several projects over the last 10 years through self-finance as well as the use of Fortune 500 corporate sponsors. For more information, please visit www.lareinadelbarrio.org



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About BronxNet

BronxNet is an award winning not-for-profit community media center providing access to training and technology while televising programming reflecting the diversity of the Bronx. BronxNet has a commitment to: produce local programming, train the public in television production, provide hands-on internships with solid media career preparation for high school and college students. For more information, please visit www.bronxnet.org

About Fashion in The Fast Lane

This exciting new series has been signed to a major, internationally-distributed cable/satellite network, and is set to air in the US, Canada, the Caribbean, and Europe, beginning in the Spring of 2015!
<http://www.fashioninthefastlane.com>

About Wave Hill

Wave Hill is a 28-acre public garden and cultural center in the Bronx overlooking the Hudson River and Palisades. Its mission is to celebrate the artistry and legacy of its gardens and landscapes, to preserve its magnificent views, and to explore human connections to the natural world through programs in horticulture, education and the arts. <http://www.wavehill.org>

About Apryl Cadabra

Apryl Cadabra is known for bringing her clown comedy shows to many hospitals and health events. As Dr. Buddy, Apryl and her group of New York City hospital clowns are just what the doctor ordered. Blending magic with healing humor, Apryl brings smiles across NYC hospitals. <http://aprylcadabra.com>

Contact Information:

Jacqueline Acevedo-Villanueva

[917-640-1003](tel:917-640-1003)

LRDB.PR@GMail.com

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