



PRESS RELEASE

FOR IMMEDIATE RELEASE

UPCOMING GUESTS ON "OPEN" FRIDAY HOSTED BY RHINA VALENTIN

Airs Friday, 7/18 Live! 10AM on BronxNet TV

New York, New York, July 18, 2014 - This Friday, on "OPEN", Rhina Valentin will host Founder of Downtown Epicure and recent finalist from the show cook you A** Off Chef Megan Hulyo. In addition, she will be speaking with Peter Frank from The new LGBTQ community services center for The Bronx & neighboring communities about their upcoming Pride & health fair. Bobby C. will also be doing his weekly Sports Roundup segment. And, animated correspondent Gail is back to share advice on maintaining a healthy lifestyle.

The one-hour talk show airs live every Friday at 10AM in the Bronx on channels Cablevision 67 and Verizon FiOS 33 with re-cablecast on Fridays at 5PM & 10PM, Saturdays at 12PM, and Sundays at 4PM & 10PM. Also available in Manhattan via re-cablecast on Saturdays 12PM on channels Time Warner Cable 56, RCN 83, Verizon Fios 34, and MNN 2 Lifestyle Entertainment and in Massachusetts via re-cablecast on Fridays and Saturdays at 9PM on channel Amherst Media 12.

About "OPEN" Friday

"OPEN" Friday, hosted by Rhina Valentin, is one of BronxNet's signature produced shows which covers arts, culture, entertainment, health awareness, women empowerment and youth development. Rhina has been the Friday host since it's pilot episode in 2006. Every week she explores all that the arts have to offer to the Bronx and the World.

About La Reina Del Barrio Inc.

Incorporated in 2013, La Reina Del Barrio Inc. (LRDB) is an independent media production company. The principals of LRDB have released several projects over the last 10 years through self-finance as well as the use of Fortune 500 corporate sponsors. For more information, please visit www.lareinadelbarrio.org



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About BronxNet

BronxNet is an award winning not-for-profit community media center providing access to training and technology while televising programming reflecting the diversity of the Bronx. BronxNet has a commitment to: produce local programming, train the public in television production, provide hands-on internships with solid media career preparation for high school and college students. For more information, please visit www.bronxnet.org

About Chef Megan Hulyo

Most recently, competed on HLN's, Cook Your Ass Off, a healthy cooking competition show, where she progressed all the way to the series' finale. Her recipes and words of wisdom (?) have been featured in online and print magazines such as the National Culinary Review, Hamptons Magazine, Gotham Magazine, Reader's Digest, and Downtown Magazine. Coming this Fall, she will be offering public classes at the Natural Gourmet Institute for Health & Culinary Arts. <http://www.downtownpicure.com>

About The LGBTQ Community Center

The purpose of the Bronx LGBTQ Center is to provide a safe space for all Lesbian, Gay, Bisexual, Transgender and Questioning (LGBTQ) and LGBTQ, supportive individuals in The Bronx and surrounding areas (Upper Manhattan, Lower Westchester County); to meet, gather, socialize and receive support and services; to provide a safe space for other, licensed organizations to provide support and services to LGBTQ and LGBTQ-supportive individuals, including medical, mental health services and case management; to conduct outreach and provide educational programs for its member, the community and the public; to combat homophobia, transphobia, discrimination, and the stigmatization of LGBTQ individuals; to advocate on behalf of issues relevant and important to the LGBTQ Community.

<https://www.facebook.com/events/559875584095127/>

Contact Information:

Jacqueline Acevedo-Villanueva

917-640-1003

LRDB.PR@GMail.com

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